

## County Durham LINK Meeting/Event

<b>Date:</b> Monday 1 <sup>st</sup> February 2010
<b>Event:</b> Health Improvement Consultation Event at Bishop Auckland Town Hall
<b>Number/range of attendees:</b> 10
<b>Purpose of meeting/event:</b> County Durham Consultation on the development of a new Health Improvement Plan at address health inequalities and improve health over 3 years and work with NHS plans
<b>Record completed by:</b> Mary Mitchell
<ul style="list-style-type: none"> <li>• A presentation was given by Emma, Healthy Life Style Manager</li> <li>• There were 10 themes</li> <li>• Five of these themes have been given high priority</li> <li>• Themes 8, 9 and 10 have been highlighted and expanded to show some demographics and processes. One significant statistic was that 26% of children in County Durham were living in poverty, the other was that a part of the action plan was to target the health of the 225,000 people who worked for County Durham Council.</li> </ul> <p>Workshop 1 – Were the priorities correct? Question asked –</p> <ul style="list-style-type: none"> <li>• Rural areas – usual questions, transport and communication</li> <li>• Environmental issues (Asthma was highlighted)</li> <li>• How was communication carried out? Lack of direct access to services.</li> <li>• Food – Quality of consumption (don't spend well – don't eat well)</li> <li>• Toddlers and Parents needs (many questions about food)</li> <li>• Tackling poverty</li> <li>• Social Exclusion – inequality</li> <li>• Preventative remedies high on agenda</li> </ul> <p>Workshop 2 –</p> <ul style="list-style-type: none"> <li>• Felt by all that all areas had similar issues – work with communities (use village centres) to work together</li> <li>• Work with Area Action Partnerships on health issues</li> </ul>

- Effective use of resources
- Look at good practice – involve all age ranges.