

County Durham LINK Meeting/Event

Date: 3rd March 2010
Event: Stakeholder Event NHS Co. Durham & Darlington
Number/range of attendees: Approx. 60 people
Purpose of meeting/event: Vision for Health & Healthcare
Record completed by: Mrs. Elizabeth Carr
<p>Lady Ann Calman Chair of County Durham NHS. Welcomed everyone.</p> <p>Pat Keane, Executive Director Strategy & Involvement, gave a presentation entitled "To deliver excellence Today For a Healthier Tomorrow".</p> <p>The vision for health and healthcare is to improve the health status of our entire population.</p> <ol style="list-style-type: none"> 1. To give children a better start in live, 2. To keep the public healthy, 3. To ensure high quality care at the appropriate time and place, 4. To help people to get the most from life. <p>Pat then went on to say that both Co. Durham and Darlington were working closely together to a set of strategic objectives and goals to address these issues. i.e. Reduce teenage conceptions, improve emotional welfare, Reduce smoking, Reduce alcohol misuse, Reduce obesity, Better management of long term illnesses, Early detection and intervention, Reduce illness in the elderly, enable preferred place of death.</p> <p>He ended by stating that of the four events held to date 90.5% enjoyed the event, 91.7% would attend a similar event, 94% felt able to express their opinion and 75% had learnt something.</p> <p>Anthony Prudhoe Assistant Director Maternity Children & Young People gave a presentation on Giving Children a Better Start in Life.</p> <p>Children and young people are healthier today than they have ever been.</p> <p>Medical technological, social and economic advances have radically cut infant mortality rates and given many children and</p>

young people a healthier start to life.

There is more support for parents, children and young people in promoting health and well being and in meeting additional health needs.

But we still need to do more.

Graeme Greig, Public Health Specialist, gave a presentation on helping to keep the public healthy.

Table discussions took place on the two presentations.

The general consensus was that the NHS can only do so much; the public have to play their part in taking responsibility for their own health and the health of the family. Breast feeding one way to reducing obesity in infants and in later life, healthier school meals only one part of cutting obesity, control of food at home must be healthy by cutting out snacks.

Cutting alcohol, stop smoking, taking more exercise all lead to a healthier lifestyle.

Adrian Metcalf Assistant Director of Delivery, Richard Healicon Locum Consultant in Public Health, Debra Hartley Assistant Director of Service Delivery, gave a presentation on Quality Care at appropriate time and place, and Helping people get more out of later life.

Planned care – closer to home, four strategic projects focussing on – Orthopaedics- Dermatology- Ophthalmology- Endoscopy.

Preventative programme for 40 – 74 year olds i.e. irregular pulse rate, high blood pressure and cholesterol all can lead to strokes, Stroke programme, identifying the gaps in health inequalities.

Table discussions on key issues raised in the presentations took Place.

One topic discussed was the resources to meet care closer to home must be addressed, and why invent the wheel? Look to address the issue of emotion well being by tapping into the grass roots community groups who already address this issue with various activities i.e. Luncheon clubs, social clubs, youth and scouting clubs.

Pat Keane closed the seminar thanking all for attending and that feed back would be available in the future.

