

## County Durham LINK Meeting/Event

**Date: 14<sup>th</sup> May 2010**

**Event: Dales Health Network Meeting**

**Number/range of attendees:**

Robert McEwan	County Durham and Darlington NHS Foundation Trust
Sue Jennings	NHS County Durham
Michele Armstrong	2D
Peter Irving	County Durham LINK
Steve Day	Mental Health North East
Clare Sandford	County Durham LINK
Caroline Hughes	County Durham and Darlington Community Health Services
Sandy Denney	Durham County Council, 3 Towns Area Action Partnership
Victoria Ononeze	NHS County Durham and Darlington
Elsie Race	Auckland Youth and Community Centre
Geraldine O'Connor	NHS County Durham
Oliver Graham	Groundwork
Bill Niblo	Dales Local Children's Board
Aileen Gilbert	Children's Trust
Claire Roberts	Durham County Council, Sure Start Children's Centres
Mathew Thomas	North East Commission on Rural Health (NHS County Durham and Darlington)
George Richardson	Durham County Council, Community Sports Network

**Purpose of meeting/event:** To discuss actions for the 3 health priorities chosen for this group to focus on at the last meeting.

**Record completed by:** Clare Sandford

Ian Hirst was elected as Vice Chair of the group.

Sue Jennings is producing a database of service provision in the area but needs group members to forward details of their work to her.

The three priorities chosen at the last meeting are:

1. Tobacco/ Smoking

2. Physical Activity
3. Diet/ Food/ Obesity

The group was split into 3 smaller groups to tackle each issue separately. The following questions were addressed:

1. What are the gaps in current services?
2. What action should the group take?
3. Who are the main stakeholders in this area?

From the Tobacco /Smoking group Victoria Ononeze advised that this group had decided that rather than trying to get in to the complexities of this area that they might focus on young people and set up a mechanism to try to get funding to young peoples' projects to reward them for innovative work that they could do around preventing children and young people from smoking.

With Physical Activity it was agreed that there is a lot of provision across both Wear Valley and Teesdale for children and young people – the main issues are around how do we get children and young people engaged, how do they get to the activities that are available and how do they fund the activities?

In terms of adult provision, Teesdale has a lot of services for adults but there are gaps in provision within Wear Valley. A discussion took place about the possibility of applying for CPAL (Changing the Physical Activity Landscape) funding which would be aimed at people aged 40 – 73 with a particular emphasis on families. Sue Jennings agreed to arrange a meeting with a group of interested parties with the possibility of putting together a joint bid for some CPAL funding.

In the Diet/ Food/ Obesity group it was acknowledged that a huge amount of work was being done in this area. Areas where we might be able to add more or plug a gap in terms of intervention or focus more effort on are early childhood and breast feeding. There may also be opportunities to link in to diabetes and obesity and community services for prevention and early intervention in diabetes.

Other areas that were discussed included neglected children, hard to reach children and families and the fact that a lot of our work

right across the spectrum was quite successful with middle class families but not so much so in deprived areas so what can we do on food with harder to reach families and children in particular.

This group didn't have time to discuss who would do what and this would need to be agreed at a future meeting.

Michele Armstrong advised that 2D have a weekly member email which is a collection of local information. This could be used by the network so that others can see what is happening in the Dales. It was agreed that SJ would send the Dales Health network distribution list to MA.

Date and times of next meeting:

Tuesday 13<sup>th</sup> July at 2.30pm at Richardson Hospital, Barnard Castle

Actions:

- Pull together service directory of all activities
- Arrange a meeting to look at pulling together a bid to CPAL
- Invite representative from Age Concern
- Invite representative from Auckland Gate